

## **SUPPLEMENT FACTS**

Serving size: 1 softgel

Servings per container: 60

	<b>Amount per softgel</b>	<b>%DV</b>
Vitamin A (as 92% beta-carotene and 8% palmitate)	5450 mcg	606%
Vitamin C (as sodium ascorbate)	75 mg	83%
Vitamin D (as cholecalciferol)	75 mcg (3000 IU)	375%
Vitamin E (as d-alpha-tocopherol and d-alpha-tocopheryl polyethylene glycol 1000 succinate)	100.6 mg	671%
Vitamin K (as phytonadione)	1000 mcg	833%
Thiamin (as thiamin mononitrate)	1.5 mg	125%
Riboflavin (Vitamin B2)	1.7 mg	131%
Niacin (as niacinamide)	10 mg	63%
Vitamin B6 (as pyridoxine hydrochloride)	1.9 mg	112%
Folate	340 mcg DFE (200 mcg folic acid)	85%
Vitamin B12 (as cyanocobalamin)	12 mcg	500%
Biotin	100 mcg	333%
Pantothenic Acid (as calcium d-pantothenate)	12 mg	240%
Zinc (as zinc sulfate)	10 mg	91%
Selenium (as selenium yeast and selenomethionine)	75 mcg	136%
Sodium	10 mg	<1%
Coenzyme Q10	10 mg	†

†Daily value not established

Other Ingredients: Bovine gelatin, medium chain triglycerides, tocopherol rich extract [antioxidant], glycerin, sorbitol, purified water, caramel, ethyl vanillin.