SUPPLEMENT F Serving size: 1 capsule	ACT Servings/contain	S ner: 60
	Amount per Capsule	% DV
Vitamin A (as 75% beta-carotene and 25% palmitate)	600 mcg	67%
Vitamin D (as cholecalciferol)	50 mcg (2000 IU)	250%
Vitamin E (as d-alpha-tocopherol and d-alpha tocopheryl polyethylene glycol 1000 succinate)	101 mg	673%
Vitamin K (as phytonadione)	1000 mcg	833%

Other ingredients: Capsule (Tilapia Fish Gelatin, water). Contains fish (Tilapia).