

SUPPLEMENT FACTS

Serving size: 1 tablet
Servings per container: 60

	Amount per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	<1% [§]
Total Sugars	2 g	†
Includes 2 g Added Sugars		4% [§]
Vitamin A (from 75% beta-carotene and 25% palmitate)	1500 mcg (5000 IU)	167%
Vitamin C (from sodium ascorbate)	90 mg	100%
Vitamin D ₃ (as cholecalciferol)	75 mcg (3000 IU)	375%
Vitamin E (from d-alpha-tocopherol and d-alpha-tocopheryl polyethylene glycol 1000 succinate)	45 mg (67 IU)	300%
Vitamin K ₁ (as phytonadione)	500 mcg	417%
Thiamin (from thiamin mononitrate)	12.5 mg	1042%
Riboflavin (Vitamin B ₂)	1.3 mg	100%
Niacin (as niacinamide)	16 mg	100%
Vitamin B ₆ (from pyridoxine hydrochloride)	1.7 mg	100%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B ₁₂ (as cyanocobalamin)	500 mcg	20833%
Biotin	50 mcg	167%
Pantothenic acid (as calcium d-pantothenate)	5 mg	100%
Iron (from ferrous fumarate)	45 mg	250%
Iodine (from potassium iodide)	150 mcg	100%
Magnesium (from magnesium oxide)	25 mg	6%
Zinc (from zinc oxide)	11 mg	100%
Selenium (from sodium selenite)	55 mcg	100%
Copper (from copper citrate)	2 mg	222%
Manganese (from manganese sulfate)	2.3 mg	100%
Chromium (from chromium chloride)	35 mcg	100%
Molybdenum (from sodium molybdate)	45 mcg	100%
Coenzyme Q ₁₀	2 mg	†
Boron (from sodium borate)	1 mg	†

[§]Percent Daily Values are based on a 2,000 calorie diet

[†]Daily value not established for these nutrients

Other ingredients: sucrose (sweetener), dextrose (sweetener), sorbitol (sweetener), natural flavors, hydroxypropylcellulose (carrier), calcium silicate (anticaking agent), citric acid (flavor), sucralose (sweetener), magnesium stearate (lubricant), silicon dioxide (anticaking agent), tocopherol rich extract (antioxidant)