SUPPLEMENT FACTS Serving size: 1 softgel	Servings per container: 60	
	Amount per softgel	%DV
Vitamin A (as 92% beta-carotene and 8% palmitate)	18167 IU	363%
Vitamin C (as sodium ascorbate)	75 mg	125%
Vitamin D (as cholecalciferol)	3000 IU	750%
Vitamin E (as d-alpha-tocopherol and d-alpha tocopheryl polyethylene glycol 1000 succinate	e) 150 IU	500%
Vitamin K (as phytonadione)	1000 mcg	1250%
Thiamin (Vitamin B1)	1.5 mg	100%
Riboflavin (Vitamin B2)	1.7 mg	100%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	1.9 mg	95%
Folic acid	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	12 mcg	200%
Biotin	100 mcg	33%
Pantothenic Acid (as calcium d-pantothenate)	12 mg	120%
Zinc (as zinc sulfate)	10 mg	67%
Selenium (as selenium yeast)	75 mcg	107%
Coenzyme Q10	10 mg	*
*Daily value not established for these nutrients		

Other ingredients: medium chain triglycerides (carrier), gelatin (outer shell), tocopherol rich extract (antioxidant), glycerin (plasticizer), sorbitol (humectant), water, natural caramel color, ethyl vanillin (flavor), titanium dioxide (colorant).