

# SUPPLEMENT FACTS

Serving size: 1 tablet

Servings per container: 60

	Amount per tablet	%DV <sup>†</sup>
Calories	10	
Total Carbohydrates	2 g	<1%
Total Sugars	2 g	
Includes 2 g added sugars		4% <sup>†</sup>
Vitamin A (as 92% beta-carotene and 8% palmitate)	5450 mcg	606%
Vitamin C (as sodium ascorbate)	70 mg	78%
Vitamin D (as cholecalciferol)	50 mcg (2000 IU)	250%
Vitamin E (as d-alpha-tocopherol and d-alpha tocopheryl polyethylene glycol 1000 succinate)	67 mg	447%
Vitamin K (as phytonadione)	1000 mcg	833%
Thiamin (Vitamin B1)	1.5 mg	125%
Riboflavin (Vitamin B2)	1.7 mg	131%
Niacin (as niacinamide)	10 mg	63%
Vitamin B6 (as pyridoxine hydrochloride)	1.9 mg	112%
Folate	340 mcg DFE (200 mcg Folic Acid)	85%
Vitamin B12 (as cyanocobalamin)	12 mcg	500%
Biotin	100 mcg	333%
Pantothenic Acid (as calcium d-pantothenate)	12 mg	240%
Zinc (as zinc bisglycinate)	10 mg	91%
Selenium (as sodium selenite)	75 mcg	136%
Sodium	15 mg	<1%
Coenzyme Q10	10 mg	*

<sup>†</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\*Daily value not established.

Other ingredients: sucrose (sweetener), dextrose (sweetener), natural flavors, sorbitol (sweetener), hydroxypropylcellulose (carrier), calcium silicate (tableting aid), citric acid (flavor), magnesium stearate (lubricant), silicon dioxide (tableting aid), sucralose (sweetener), tocopherol rich extract (antioxidant)